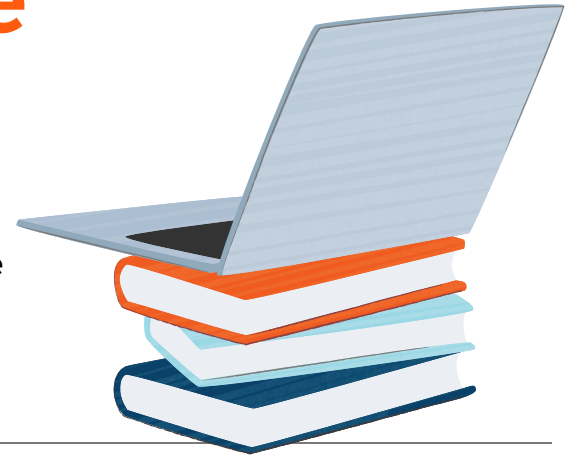


What Students Say Makes a Difference

Students share tips for a positive assessment experience.

Members of the EQAO Student Engagement Committee shared the supports that help students feel calmer, more prepared and more confident. Together, we can create a positive assessment experience for all students and help them achieve their best.



“Leave enough time to do review and practice before scheduling the assessment.”

Teacher Support

Read Unpacking the OSSLT and offer practice tests to help students understand question types and explain what they are asking.

Student Move

Use practice to build familiarity and confidence.

“Have a plan for tougher questions.”

Teacher Support

Model strategies like rereading, underlining and eliminating.

Student Move

Pause, breathe and try one strategy at a time. Explore the helpful built-in features and tools in the assessment platform.

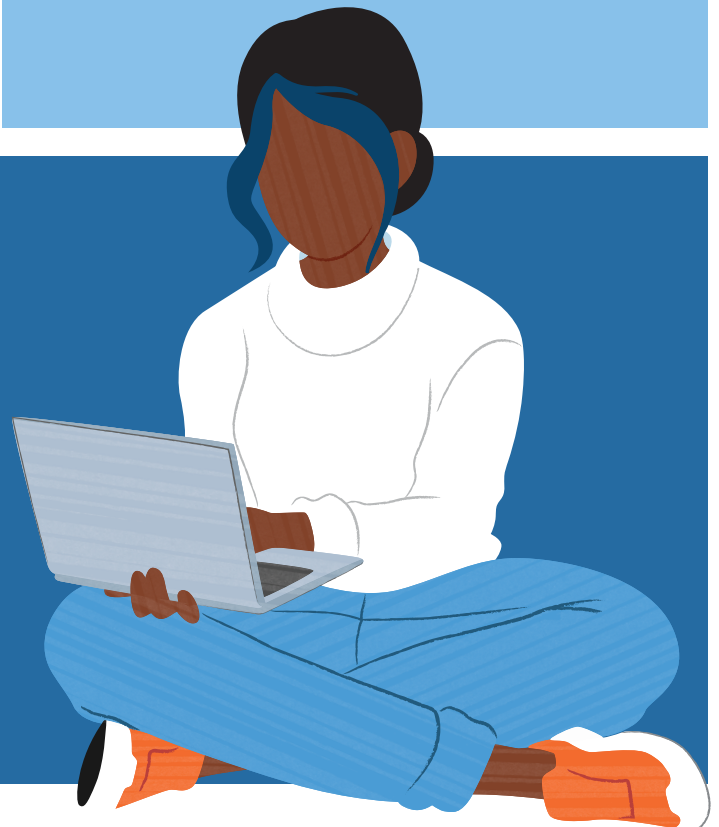
“I think it’s amazing how there are visuals and different tools to help all the different types of learners.”

Teacher Support

Introduce students to the permitted items and the built-in accessibility features and tools available during the assessment.

Student Move

Use built-in tools like highlighting, read aloud, rough notes and split screen to help stay organized and focused.



“Knowing we had enough time took so much pressure off.”

Teacher Support

Communicate plans for timing clearly. All students can have extra time, and each session can be scheduled at different times and on different days.

Student Move

Pace yourself and take your time. Flag questions you want to revisit, and review your answers before submitting a session. There is no rush.

“Taking a few deep breaths and thinking positively calms me down and helps me focus.”

Teacher Support

Build in breathing, stretching or movement breaks.

Student Move

Use the breathing strategies built into the test to help you reset.

“Allow options such as softer lighting and comfortable seating.”

Teacher Support

Set up a quiet, organized, predictable environment.

Student Move

Use routines that help you settle in and focus. Use the built-in calming exercise to help settle the mind and focus.

“Schools could offer students two options, one for those who want to do the assessment all at once, and one for students who want to do it more gradually.”

Teacher Support

Consider scheduling sessions during times when students are most alert and focused. Although each session must be completed in one continuous and supervised sitting, sessions may be scheduled on different days.

Student Move

Get plenty of rest before the assessment.

“Encourage students with a motivating message.”

Teacher Support

Continue with all the work you do to provide students with support.

Student Move

Ask for help, lean on your people, trust yourself.

